

- 26-Exercise Therapy for Aging Population (functional assessment and exercise prescription) 2009
- 27-Infection Prevention (IP) April. 2009
- 28-Burns Rehabilitation Management July. 2009
- 29- Principle of Team Working Ethics Oct. 2009
- 30-Physiotherapy Proposal and Report Writing June. 2010
- 31- Fitness & Sport medicine Dec. 2010
- 32-Monitoring & Evaluation & Report Writing March. 2011
- 33- Radiology Study training July. 2011
- 34- Cerebral Palsy Management (CP) April. 2012
- 35- Conventional Bones Radiography April. 2013
- 36- Spinal Cord Injury Patient Management Nov. 2013
- 37- Educational Monitoring & Evaluation De. 2013
- 38-Project Management March. 2014
- 39-Technical report, E-mail and letter writing July. 2014
- 40-Kinesiology Taping Techniques Mumbai India Sep. 2014
- 41-National Malaria Treatment Guideline Dec. 2014
- 42-Knee management & assessment and treatment Feb. 2014
- 43-Clinical Reasoning & Clinical Decision Making June. 2015
- 44- Recent Trends in Physiotherapy Oct. 2015
- 45-Manual Therapy (Mulligan Concept) July. 2017
- 46-Physiotherapy and Prosthetics & Orthotics Aug. 2017
- 47-Training of Trainers Nov. 2017
- 48- Physiotherapy for pelvic health
- 49-Research and medical statistics
- 50-Exercise physiology
- 51- Geriatric Rehabilitation
- 52- Electro diagnose
- 53- Sport physiotherapy & advance Musculoskeletal. April. 2018
- 54-CVA management and physical therapy Management July. 2018
- 55-Disability prevention & Rehabilitation Oct. 2018
- 56-Dry Needling Therapy June. 2019
- 57- Effective Teaching Skills (ETS) and Clinical Teaching Skills (CTS) Oct. 2019
- 58- National Assessor Training Nov. 2020.

Management training attended:

- 1- Principals of team working ethics management Oct. 2009
- 2- Human resource management
- 3- Report, proposal & writing management June. 2010
- 4- Organizational management
- 5- Project proposal writing skills
- 6- Property Management
- 7- Monitoring & Evaluation management March. 2011- 2013

- 8- Advance Technical Report, Letter & Email Writing July. 2014.
- 9- Teacher Training course (Training of Trainers ToT) 2 year 8 modules, April. 2018
- 10-Effective Teaching Skill (ETS) and Clinical Teaching Skill (CTS)10 modules Oct. 2019
- 11-Physiotherapy educational policy and academic standards skills Sep. 2020
- 12-Certified As a National Physiotherapy Academic Assessor trainer by the Afghanistan Ministry of Public Health (MoPH) and Gazanfar **Institute of Health & Science Kabul**. technical board (GIHS/ PTPOEAB) Nov. 2020

Completion one year course for Physiotherapy Teacher Trainingprogram (ToT)

List of modules completion	Place
Clinical teaching	August 2000 Physiotherapy Institute of Kabul (PTI) Supported by International Assistance Mission organization (IAM)
Curriculum designing and development	
Teaching Methodology	
Assessment & Learning	
Educational Management and Administration	
Research & Study	
Completion 10 modules of ETS/ CTS (ToT)	Training of Trainers course (ToT)

Workplace & Experiences:

- Surgical Nurse for Herat Regional Hospital 02/ 01/ 1984- 30/02/1987.
- Chief of Physiotherapy Department Herat regional Hospital; 10/ 03/1989- 31/ 08/ 1996
- Regional Physiotherapy Supervisor of Comprehensive Disabled Afghan Programm funded by CDAP/UNDP from 01/10/1996 to 31/03/ 2002.
- Administration Manager for **Catholic Relief Services (CRS)** American organization- Herat. 17. August. 2002 to 12. January. 2004.
- Representative of Afghan Physiotherapy Association in western region of the country from 01/01/2005 – 31/12/ 2007
- Chief of Physiotherapy Department and trainer of Institute of Health and Science (IHS) Herat from 01/02/2008 – 31/03/2010.
- Chief of Disability & Rehabilitation Coordinator Provincial Public Health Directorate PPHD/ from 1st May 2010 to 1st of Oct 2013
- Chief of Physiotherapy Department and Academic Development Unit Manager of Atefi Institute of Health Science Herat 20/11/2013 – 19/11/2014
- Health Technical Advisor with CAP- ANAMUR (German Emergency Doctors) from Jan 2015- Aug. 2021.
- Physiotherapy school coordinator/ manager for Institute of Health and Science (IHS) Herat from 2016 – 2021.

Teaching Experiences:

- As a Physiotherapy teacher for Physiotherapy Institute of Kabul for International Assistance Mission organization (IAM) 1992- 1994
- As a Teacher for Physiotherapy upgrading course for International Assistance Mission organization (IAM) Herat province. 1998- 2000
- As a physiotherapy trainer teaching organized and conducting different refresher courses for Physiotherapists to improvement technical skills and provided technical support. 1997- 2003
- As a Physiotherapy Trainer for the Herat Institute of Health and Science (IHS) 1997- 1999

- As a Community Based Rehabilitation (CBR)trainer for Community Development Workers (CRDWs) with UNDP/ CDAP 1997- 2000
- As a Physiotherapy trainer technical support advisor for Herat Regional Hospital. 2005- 2010
- As a Physiotherapy trainer physiotherapy for the Herat University Medical faculty students 2011- 2014
- As a physiotherapy trainer teaching the theoretical, practical, case presentation, clinical teaching clinical accompaniment and supervision for the physiotherapy teachers and trainersof comprehensive disabled afghan program (UNDP/ CDAP and IAM) 2008- 2013.
- As a senior PT teacher and chief of PT department for Atefi Institute of Health Science Herat 2014
- As a head of monitoring & evaluation department for Atefi Institute of Health Science Herat 2014
- As a senior physiotherapist and course coordinator for Institute of Health and Since (IHS) Herat from 2016 – 2021.

Appreciation Documents:

- Appreciation letter by the Afghan Physiotherapy Association (AAPT)
- Appreciation letter by the Afghan Mistry of Public Health (MoPH)
- Appreciation letter by the Herat Regional Hospital (HRH)
- Appreciation letter by the Gazanfar of Health and Sciences (GIHS)
- Appreciation letter by International Assistance Mission (IAM)
- Appreciation letter by the Handicap International (HI)
- Appreciation letter by the Atefi Institute of Health and Sciences (AIHS)
- Appreciation letter by the Herat Public Health Directorate (PPHD)
- Appreciation letter by the United Nation Development Program (UNDP/ CDAP)
- Appreciation letter by the International Catholic Migration Commission (ICMC)
- Appreciation letter by the Catholic Relive Services (CRC)
- Appreciation letter by the Handicap International (HI)

Language

English:

Communication	Non	Average	Fluent
Speaking			√
Writing			√
Reading			√
Understanding			√

Persian/ Dari:

Communication	Non	Average	Fluent
Speaking			√
Writing			√
Reading			√
Understanding			√

Pashto:

Communication	Non	Average	Fluent
Speaking			√
Writing			√
Reading			√
Understanding			√

Deutsch B1:

Communication	Non	Average	Fluent
Speaking		√	
Writing		√	
Reading		√	
Understanding		√	

Computer skill:

Program	Non	Average	Fluent
M. S Word office			√
Excel		√	
PPP		√	√
Net working		√	
Internet			√

Other Skills:

- Driving
- Mechanics
- Report & Proposal writing
- First aids worker
- Physiotherapy HR and Administration Management skill

Warm Regards,

Nadem Farid Ahmad